**Business Continuity Assessment**

Highlight the answers below that apply to your business.

Calculate your resilience score at the end.

**Understanding Your Business**

1. **In the last three years, have you experienced an incident or crisis that impacted your business operations for at least 4-48 hours?**

* Yes/Somewhat (1 point)
* No (1 point)

If yes, please explain:

1. **Is there someone in your business that has direct responsibility for Business Continuity Management?**

* Yes (1 point)
* No

1. **Do employees know their roles and responsibilities during a crisis?**

* Yes (1 point)
* No

1. **In the event of a crisis or major business disruption, have you identified what functions are critical to maintaining business operations?**

* Yes (1 point)
* No

**Understanding Your Risk**

1. **Have you identified potential natural and man-made risks that could impact your business?**

* Yes (1 point)
* No

1. **Are risk assessments conducted and updated each year?**

* Yes (1 point)
* No

1. **Are emergency response plans in place to address these risks?**

* Yes (1 point)
* No

**Understanding the Impact**

1. **Do you have recovery strategies and measures in place to minimize impacts on business operations?**

* Yes (1 point)
* No

1. **Have you established recovery time objectives (RTOs) for critical functions?**

* Yes (1 point)
* No

1. **Do you have an IT disaster recovery plan and/or a cyber incident response plan in place with formal backup and recovery procedures?**

* Yes (1 point)
* No

**Business Continuity Planning (BCP)**

1. **Do you have a documented business continuity plan?**

* Yes (1 point)
* No

1. **Is the business continuity plan annually reviewed and updated?**

* Yes (1 point)
* No

1. **Do you have a crisis communications plan for internal/external stakeholders?**

* Yes (1 point)
* No

**Embedding in Your Business**

1. **Are business continuity exercises/training conducted annually?**

* Yes (1 point)
* No

1. **Are you incorporating lessons learned from exercises, tests, and real incidents into future crisis planning?**

* Yes (1 point)
* No

**Thank you for taking the Resilience Assessment! Let us know if you have any additional resilience plans or information helpful to better address your needs:**

**Add up your scores:**

* 0-5: Needs improvement
* 6-10: Good with room to improve
* 11-15: Robust readiness

**Your Score:**

**2**